

# Implemented measures during the outbreak of COVID-19

**Updated on May 14. Situation of Calamity in force until May 30.**

During the outbreak of pneumonia by the new Coronavirus – COVID-19 the Portuguese government has been taking all necessary public health measures to protect the entire population. The analysis of the evolution of the outbreak is constant and implementation of new measures will be carried out whenever necessary.

General behavior guidelines were enacted, in which all people must adopt the following rules:

- Social distancing;
- Frequent hand washing;
- Mandatory use of mask;
- Respiratory etiquette.

In order to prevent the spread of the virus and the possibility of contagion, all services should take hygiene and sanitisation measures according to the indications of the Directorate-General for Health, with specific recommendations for various sectors of activity. In tourism, the “[Clean & Safe](#)” seal, defined by Turismo de Portugal, was implemented, which allows tourists to have greater security and confidence in the use of accommodation establishments, in the various tourist services and tourist attractions.

National measures - <https://covid19estamoson.gov.pt/> (in Portuguese)

Azores - [www.visitazores.com](http://www.visitazores.com) / <https://destinoseguro.azores.gov.pt>

Madeira - [www.visitmadeira.pt](http://www.visitmadeira.pt) / [www.madeira.gov.pt/Covid19](http://www.madeira.gov.pt/Covid19) / <https://covidmadeira.pt>

You can get updated information on the evolution of the COVID-19 pandemic in Portugal at WHO - World Health Organization (<https://covid19.who.int/region/euro/country/pt>) or at DGS – Portuguese General Directorate of Health (<https://covid19.min-saude.pt/>).

Before travelling, visitors should obtain and confirm information about procedures and restrictions in the countries of origin and destination, from the airline company and from the foreign and border services.

At this time, the Situation of Calamity is in effect until May 30. The lifting of lockdown restrictions will take place in 4 phases, which may be reviewed every 15 days according to the epidemiological evolution.

Check the list of restrictions at [EstamosOn](#) (in Portuguese).

## **4th Phase - Measures implemented on May 1**

- Opening of restaurants, cafés, and pastry shops until 10.30 p.m. Groups of 6 people are allowed inside or 10 people on terraces;
- Large outdoor and indoor events allowed with reduced occupancy.

From May 13:

- Fun fairs;
- Private amusement parks;
- Water parks.

### **Circulation in Portuguese territory / Borders**

On land borders with Spain there are no restrictions on movement since 1 May.

Citizens coming from Brazil, Cyprus, Croatia, France, India, Lithuania, Netherlands, South Africa and Sweden entering Portugal by land must comply with a 14-day quarantine period at home or at a place indicated by the health authorities.

Anyone who is obliged to comply with the 14-day prophylactic isolation in Portugal must register with SEF - Foreigners and Borders Service before entering the country at <https://travel.sef.pt>.

### **Flights to and from the European Union and Schengen Area**

The resumption of air routes with the countries of the European Union, as well as in the Schengen Area, is dependent on border restrictions and on the evolution of the epidemiological situation worldwide. Therefore, before making a trip, it is important to consult the alerts and restrictions provided by foreign and border services, whether in the country where the trip starts as in Portugal ([www.sef.pt](http://www.sef.pt)), as well as checking the necessary procedures and documents with the airline .

At the European Union website - <https://reopen.europa.eu> - you can find information on each country about borders, available means of transport, travel restrictions, health and public safety measures, as well as other practical information for travellers.

To know which are the travel regulations all around the world, check the map at the [IATA Travel Centre](#).

### **Flights to and from Portugal are allowed for:**

- Flights to and from the countries of the European Union or from Schengen Associated countries:

Countries with an incidence rate equal to or greater than 150 cases per 100,000 inhabitants in the last 14 days - Austria, Belgium, Bulgaria, Czechia, Denmark, Estonia, Germany, Greece, Hungary, Italy, Latvia, Liechtenstein, Luxembourg, Poland, Romania Slovakia, Slovenia, Spain and Switzerland

- Only “essential travel” is allowed

- Must present proof of a negative test to COVID-19 (RT-PCR), carried out within 72 hours before boarding time

Countries with an incidence rate equal to or greater than 500 cases per 100,000 inhabitants in the last 14 days - Brazil, Cyprus, Croatia, France, India, Lithuania, Netherlands, South Africa and Sweden

- Only “essential travel” is allowed

- Must present proof of a negative test to COVID-19 (RT-PCR), carried out within 72 hours before boarding time

- It is compulsory to comply with a prophylactic isolation period of 14 days, at home or in a place indicated by the health authorities, after entering mainland Portugal

Flights from Ireland, Finland, Iceland and Malta have no restrictions, but passengers need a negative test to COVID-19 (RT-PCR), carried out within 72 hours before boarding time.

- Non-essential travels from UK are allowed to enter Portugal as of the 00:00 of 17th of May, but must present proof of a negative test to COVID-19 (RT-PCR), carried out within 72 hours before boarding time
- Flights from Australia, China, South Korea, New Zealand, Rwanda, Singapore, Thailand, and the special administrative regions of Hong Kong and Macau are not suspended, subject to confirmation of reciprocity;
- Flights to and from other countries (which are not members of the European Union or which are not countries associated with the Schengen Area) for "essential travel" only;
- Flights intended to allow the return to Portugal of nationals or foreign citizens holding a residence permit in Portugal and flights intended to allow the return to their countries of foreign citizens who are in Portugal, provided that they are promoted by the competent authorities of those countries.

**TEST:RT-PCR** - All passengers, from all nationalities, must present proof of a negative test to COVID-19 (RT-PCR), carried out within 72 hours before boarding time, with the exception of children who have not reached 24 months of age.

options that are available in the area of Lisbon so you can book it in advance. Reception declines any responsibility on the booking of tests, this is full responsibility of guests while travelling abroad. Team will be happy to assist.

**Hospital CUF Tejo** – Lisboa - +351 213 926 100

**Joaquim Chaves Saúde** – Lisboa - +351 214 124 300

**Hospital da Luz** - Lisboa - +351 217 104 400

Those who are obliged to comply with the 14-day prophylactic isolation in Portugal must register with SEF - Foreigners and Borders Service before entering the country at <https://travel.sef.pt>.

The prophylactic isolation does not apply to:

- passengers traveling on essential trips and whose period of stay in national territory, attested by a return ticket, does not exceed 48 hours;
- passengers traveling exclusively to participate in international professional competitions, listed in Annex IV of the official governmental document [Despacho nº 3838-A/2021](#) (in Portuguese);
- passengers integrated in foreign delegations to participate in meetings within the scope of the Portuguese Presidency of the Council of the European Union.

“Essential travel” is defined as trips allowing the transit, entry into and departure from Portugal for professional purposes, study, family reunions, health and humanitarian reasons and under the reciprocity principle.

In essential travels, national and foreign citizens with legal residence in Portugal and also diplomatic personnel accredited in Portugal who, exceptionally, do not present the test, will have to do it on arrival, at the airport, and at their own expense. Foreign passengers who

embark without the test performed, will be refused entry into national territory, with the airline being the subject of a fine.

The Portuguese airports (Lisboa, Porto, Faro, Ponta Delgada e Funchal) have implemented several initiatives in order to keep staff and passengers safer. A body temperature measurement system was implemented on arrival. Passengers will be requested to fill out a form from the Health Authorities - Passenger Locator Card -, that can be fulfilled online or will be provided by the Airline Company, during the flight. This information will be used to contact passengers, in case someone develops COVID-19 symptoms within the same flight.

More information <https://www.ana.pt/en/passenger-guide/what-you-need-to-know/covid-19>

Useful links with information on flights from/to Portugal:

- [www.flytap.com](http://www.flytap.com)
- [www.ana.pt/en/corporate/ana/flight-restrictions](http://www.ana.pt/en/corporate/ana/flight-restrictions)
- [www.azoresairlines.pt](http://www.azoresairlines.pt)
- [www.ryanair.com](http://www.ryanair.com)
- [www.airfrance.pt](http://www.airfrance.pt)
- [www.lufthansa.com](http://www.lufthansa.com)
- [www.eurowings.com](http://www.eurowings.com)
- [www.easyjet.com](http://www.easyjet.com)
- [www.airtransat.com](http://www.airtransat.com)
- [www.airmalta.com](http://www.airmalta.com)

On Portuguese territory, travellers who show symptoms suggestive of respiratory disease during or after travel should immediately contact the National Health Service by calling

**808 24 24 24 (SNS24)**

If you are a foreigner visitor and want to do the test for Covid-19 shortly after arrival, before departure or at any time in mainland Portugal or Madeira you can do it in one of the hospitals and clinics included in the [Portugal Health Passport](#) that can provide you personalized support in your language. The test for Covid-19 must be scheduled with a consultation and the results will be available in up to 72 hours. More information is available at [test.covid19@portugalhealthpassport.com](mailto:test.covid19@portugalhealthpassport.com)

If you are a foreigner and you need to contact your embassy, please consult the website of the Diplomatic Corps in Portugal: [www.portaldiplomatico.mne.gov.pt/rede-diplomatica/corpo-diplomatico-em-portugal](http://www.portaldiplomatico.mne.gov.pt/rede-diplomatica/corpo-diplomatico-em-portugal)

If you are Portuguese or you live in Portugal, in case you have a scheduled trip, you should consult the restrictions in each country on the Portal das Comunidades:

Alerts (in Portuguese) - [www.portaldascomunidades.mne.pt](http://www.portaldascomunidades.mne.pt)

Advice to Travellers (in Portuguese) - [www.portaldascomunidades.mne.pt/pt/conselhos-aos-viajantes](http://www.portaldascomunidades.mne.pt/pt/conselhos-aos-viajantes)

If you are travelling and you need support on your return to Portugal, you can contact the Ministry of Foreign Affairs:

Portuguese travellers line - [gec@mne.pt](mailto:gec@mne.pt) / +351 217 929 714 / +351 961 706 472

### **Embarkation and disembarkation of tourism cruises**

Passenger boarding and disembarkation at Portuguese ports is not permitted, except for resident passengers.

### **Transports**

The use of face masks is mandatory.

Public transports are limited to 2/3 of the capacity.

In taxis / TVDE, the front seats must be used only by the driver, and passenger occupancy cannot exceed 2/3 of the remaining space.

### **Rent-a-Car**

In vehicles with a capacity of 5 seats or less, they can be fully occupied if they belong to the same household.

If the vehicle has a capacity for more than 5 seats, its capacity is limited to 2/3 of the total, unless they are part of the same household.

Sales and consumption of alcoholic beverages

The sale of alcoholic beverages is prohibited in service areas or gas stations and, from 9 p.m., in shops including supermarkets and hypermarkets.

### **Golf**

The golf courses are in operation. The specific measures established by the Portuguese Golf Federation are available at [www.fpg.pt](http://www.fpg.pt).

### **Accommodation**

Tourist accommodation has been adopting the “[Clean & Safe](#)” seal implemented by Turismo de Portugal, which allows the identification of establishments and services that have implemented enhanced hygiene and safety measures.

A general occupancy limitation has not been determined, but each accommodation unit must define a Contingency Plan to be applied in the COVID-19 context, with circulation rules in common areas, as well as hygiene and cleaning procedures.

### **Campings**

The campsites, as well as the service areas for motorhomes, will have a maximum capacity limited to 2/3 of the area.

#Stay healthy and positive we'll be waiting for you in Lisboa!