

Before the high season

There is a particular moment in the year when Portugal changes its rhythm. After winter, the days begin to grow longer, the light takes on a different presence, and life gradually returns outdoors. Our long-awaited spring.

It is a time marked by a balance in the climate. Temperatures are mild, the days invite long walks, and the evenings remain pleasantly cool. The light becomes clearer and more constant, creating ideal conditions to explore landscapes, cities and the coastline with time and comfort.

Along the coast, for example, spring reveals a particularly expressive geography. The beaches stretch wide, the sea maintains its Atlantic energy, and the air already allows for long moments outdoors. People walk by the water, read on the sand, watch the movement of clouds and birds. The landscape still holds the deep green tones and wildflowers that emerge during this beautiful time of year.

The table also reflects this seasonal transition. Lighter dishes begin to appear: grilled fish, fresh salads and seasonal vegetables. Chilled white wine or rosé arrives at the table, and terraces start to fill the streets and squares again. Dining once more becomes an outdoor experience, connected to the surroundings and the light.

