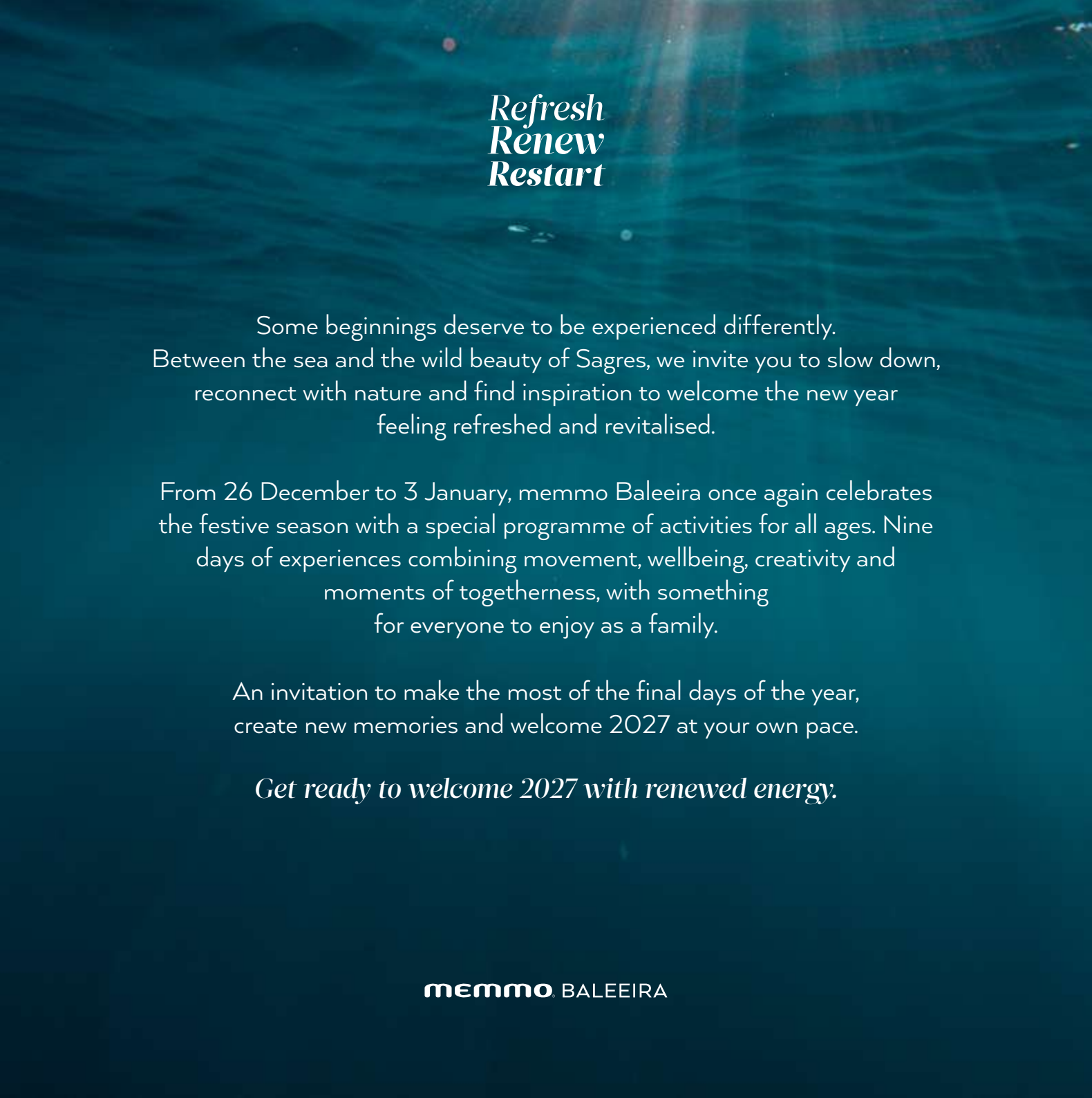
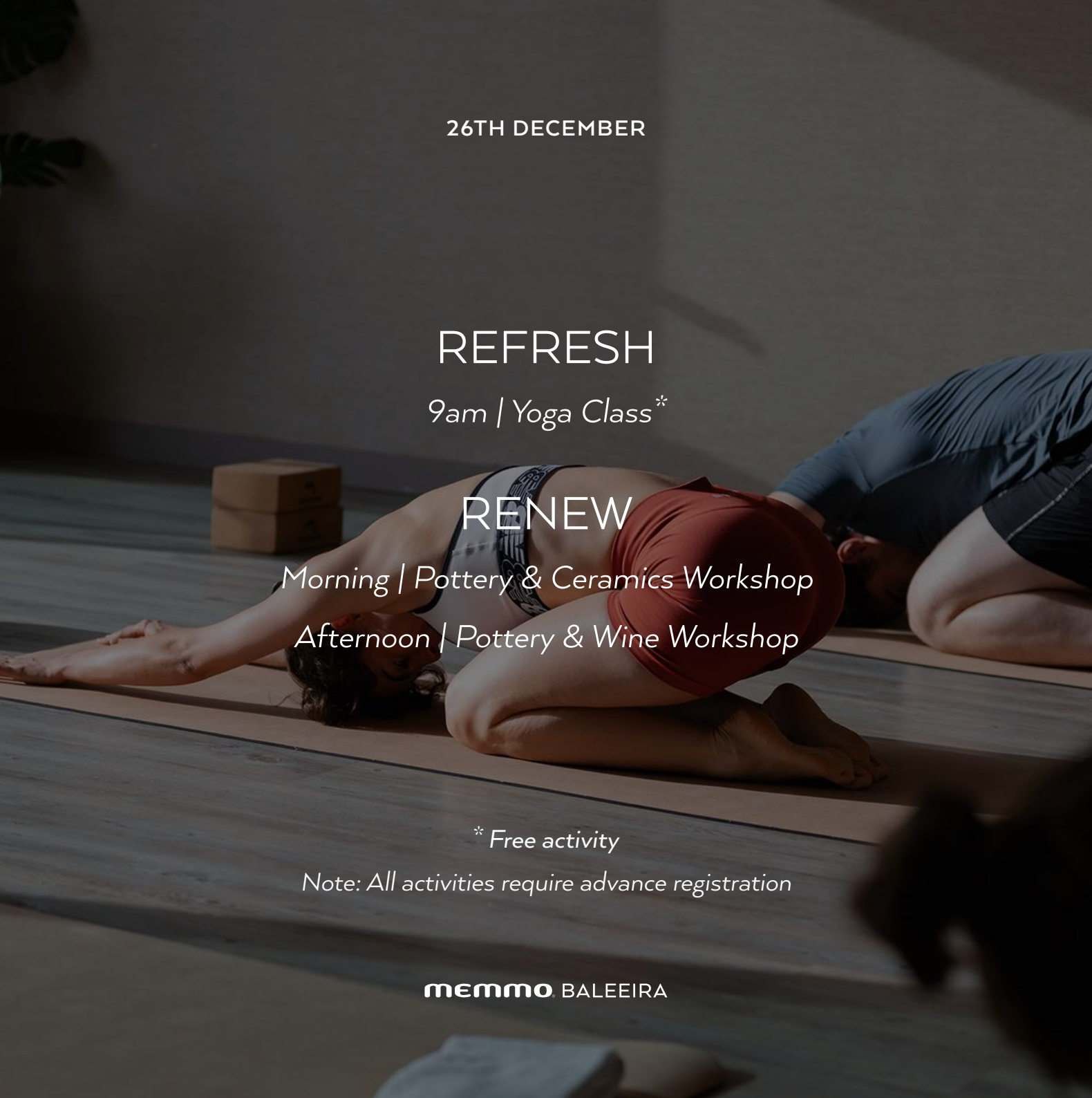

New Year, New Energy
A Wellness Journey
Refresh
Renew
Restart
DECEMBER 26TH TO JANUARY 3RD
2026 / 2027
memmo BALEEIRA


Refresh
Renew
Restart
Some beginnings deserve to be experienced differently.
Between the sea and the wild beauty of Sagres, we invite you to slow down, reconnect with nature and find inspiration to welcome the new year feeling refreshed and revitalised.
From 26 December to 3 January, memmo Baleeira once again celebrates the festive season with a special programme of activities for all ages. Nine days of experiences combining movement, wellbeing, creativity and moments of togetherness, with something for everyone to enjoy as a family.
An invitation to make the most of the final days of the year, create new memories and welcome 2027 at your own pace.
Get ready to welcome 2027 with renewed energy.
memmo BALEEIRA



26TH DECEMBER

REFRESH

*9am | Yoga Class**

RENEW

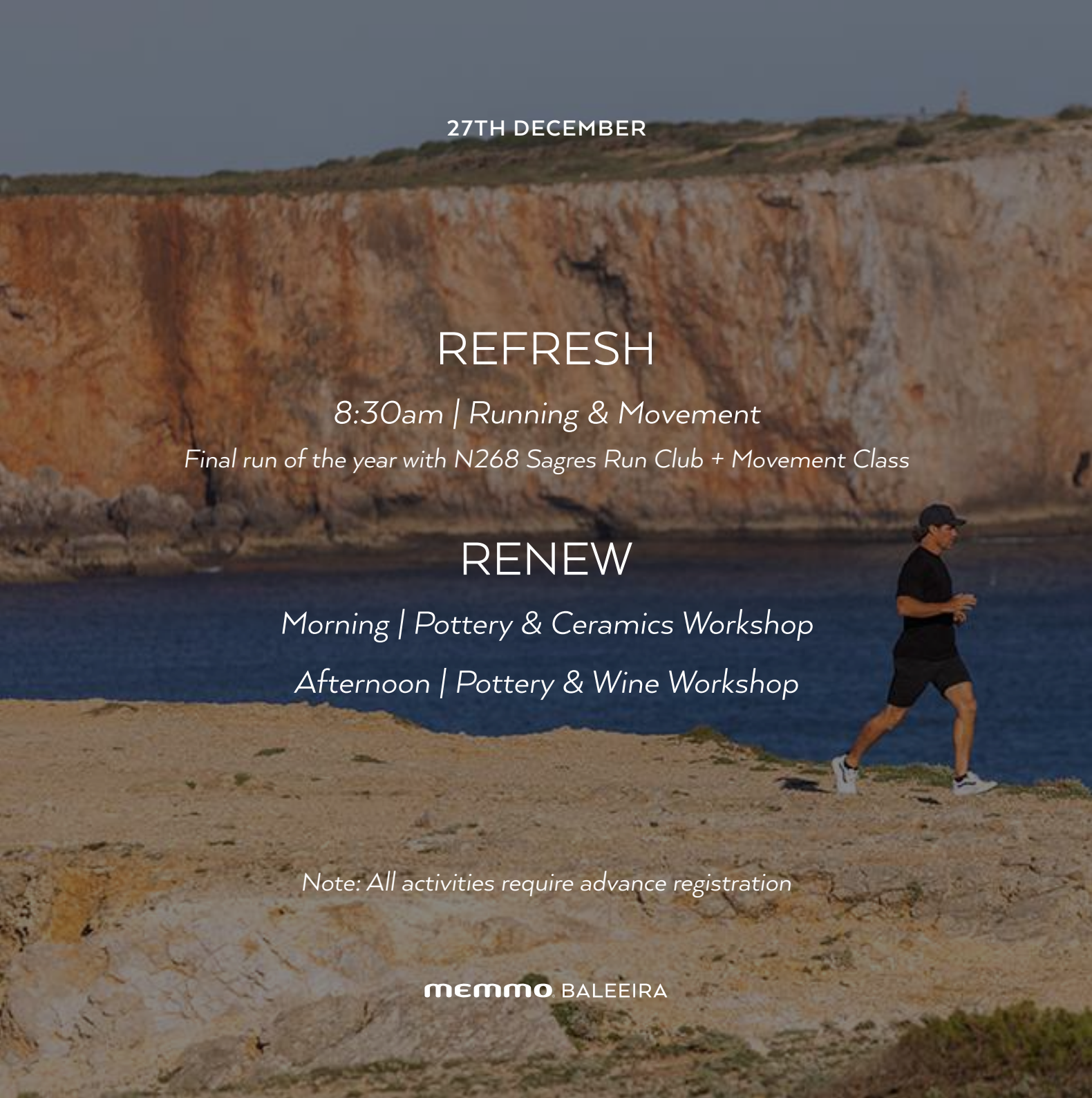
Morning | Pottery & Ceramics Workshop

Afternoon | Pottery & Wine Workshop

** Free activity*

Note: All activities require advance registration

memmo BALEEIRA



27TH DECEMBER

REFRESH

8:30am | Running & Movement

Final run of the year with N268 Sagres Run Club + Movement Class

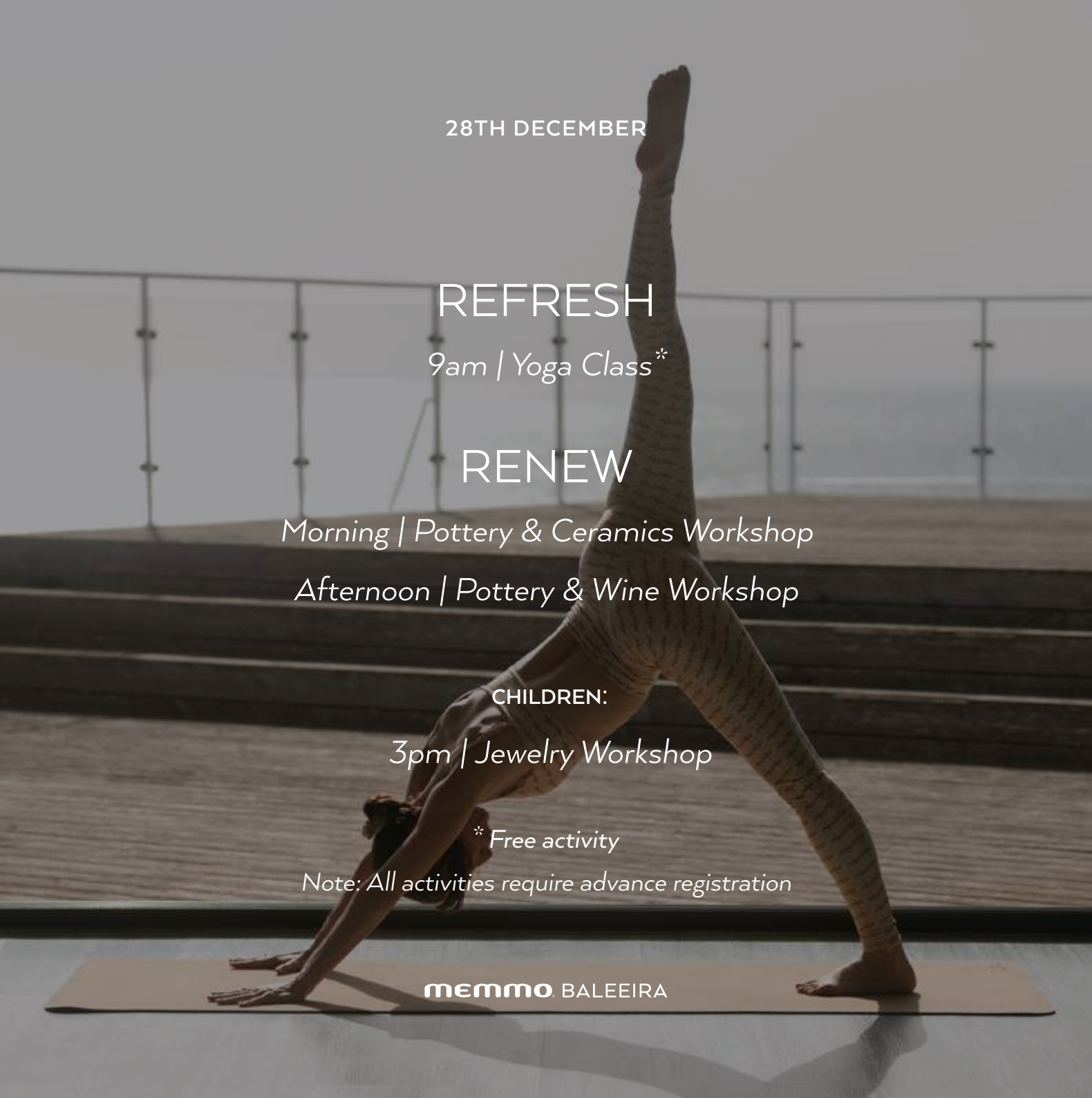
RENEW

Morning | Pottery & Ceramics Workshop

Afternoon | Pottery & Wine Workshop

Note: All activities require advance registration

memmo BALEEIRA



28TH DECEMBER

REFRESH

*9am | Yoga Class**

RENEW

Morning | Pottery & Ceramics Workshop

Afternoon | Pottery & Wine Workshop

CHILDREN:

3pm | Jewelry Workshop

** Free activity*

Note: All activities require advance registration

memmo BALEEIRA



29TH DECEMBER

REFRESH

*9am | Yoga Class**

RENEW

4pm | Portuguese Cornbread Workshop & Tasting

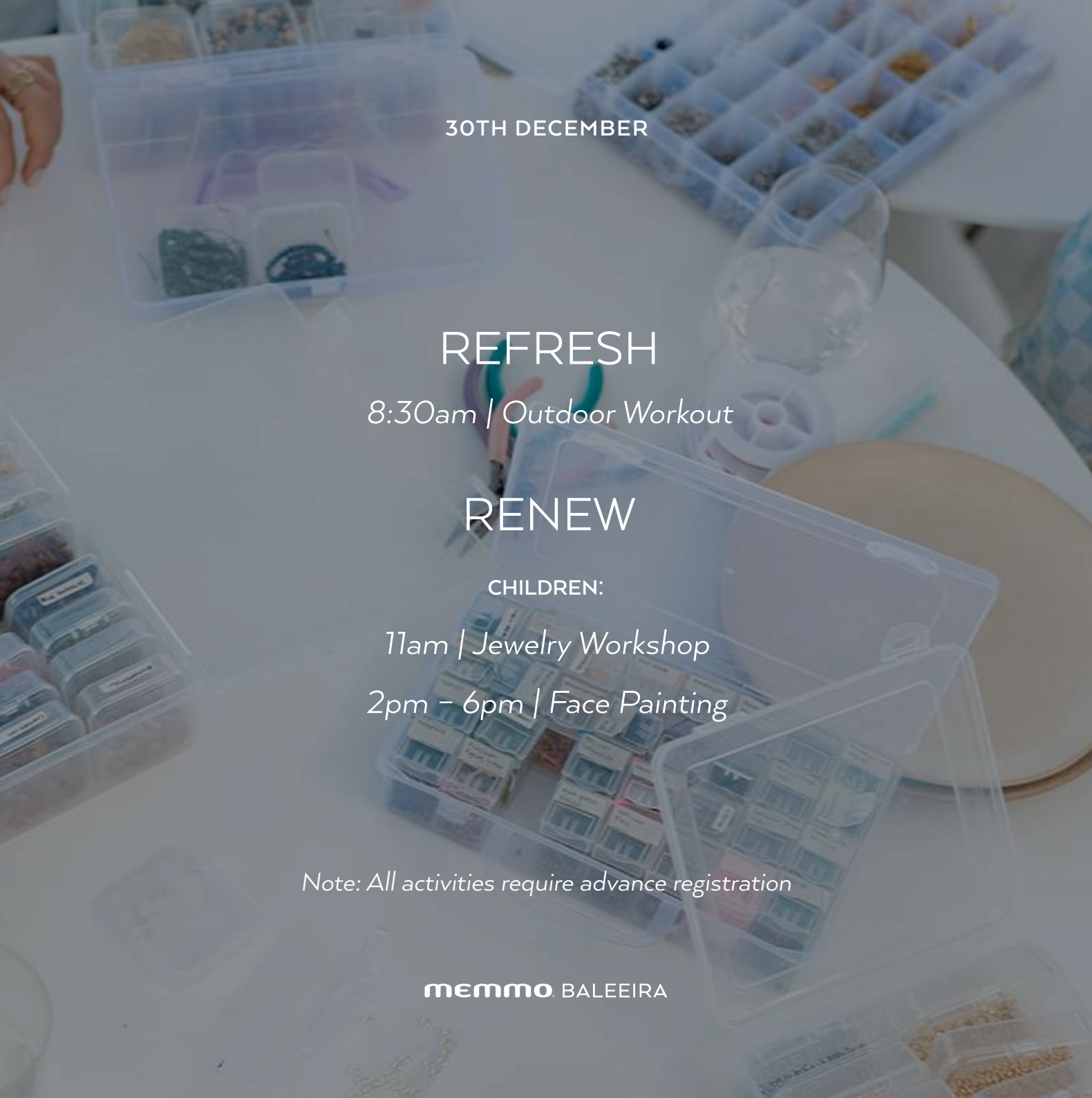
CHILDREN:

11am | Clay Workshop

** Free activity*

Note: All activities require advance registration

memmo BALEEIRA



30TH DECEMBER

REFRESH

8:30am | Outdoor Workout

RENEW

CHILDREN:

11am | Jewelry Workshop

2pm – 6pm | Face Painting

Note: All activities require advance registration

memmo BALEEIRA



31ST DECEMBER

REFRESH

8:30am | Myofascial Release Workshop & Sauna

RENEW

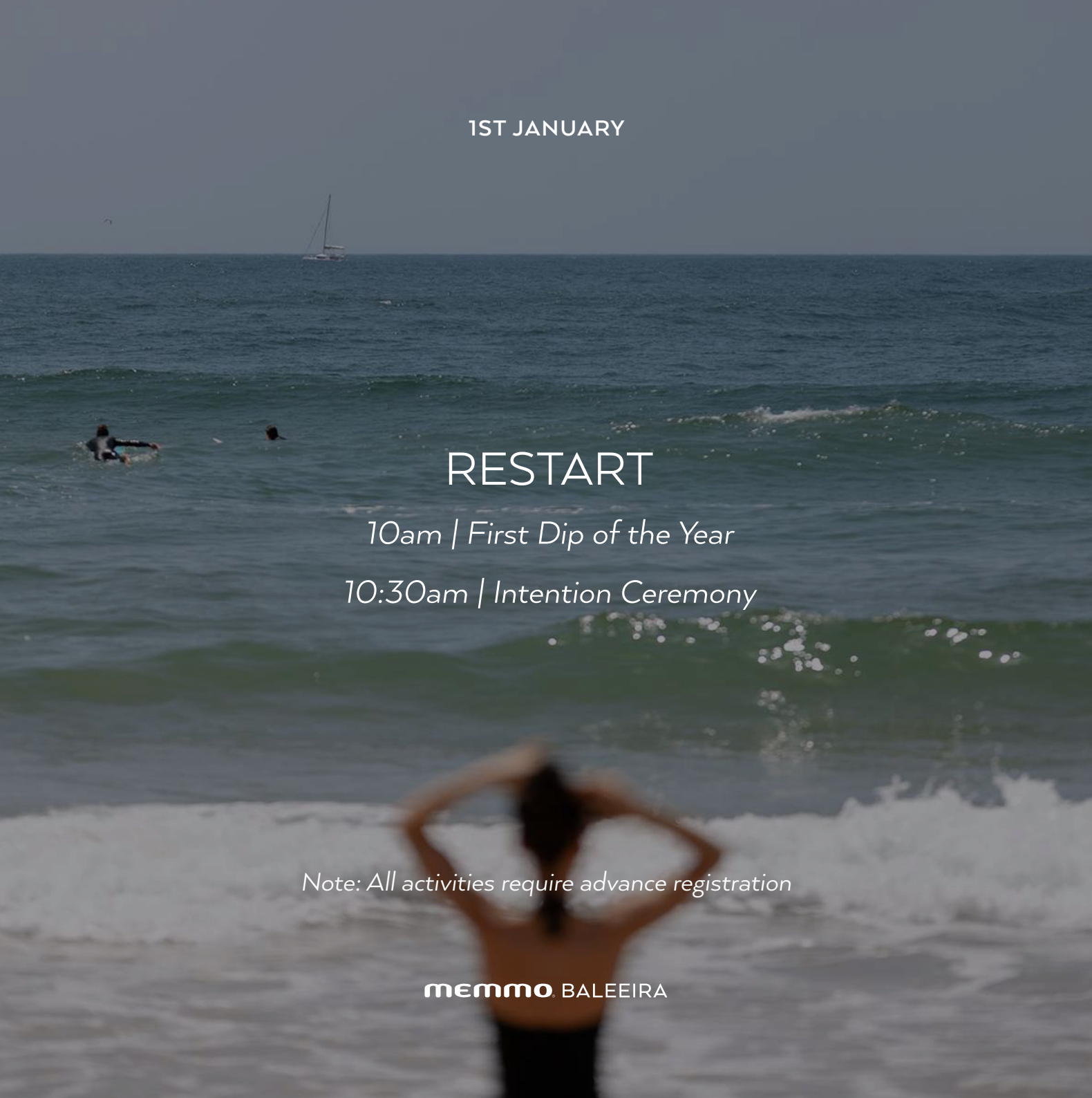
CHILDREN:

10am – 1pm | Face Painting

Note: All activities require advance registration

memmo BALEEIRA


2027
HAPPY
NEW YEAR
memmo BALEEIRA



1ST JANUARY

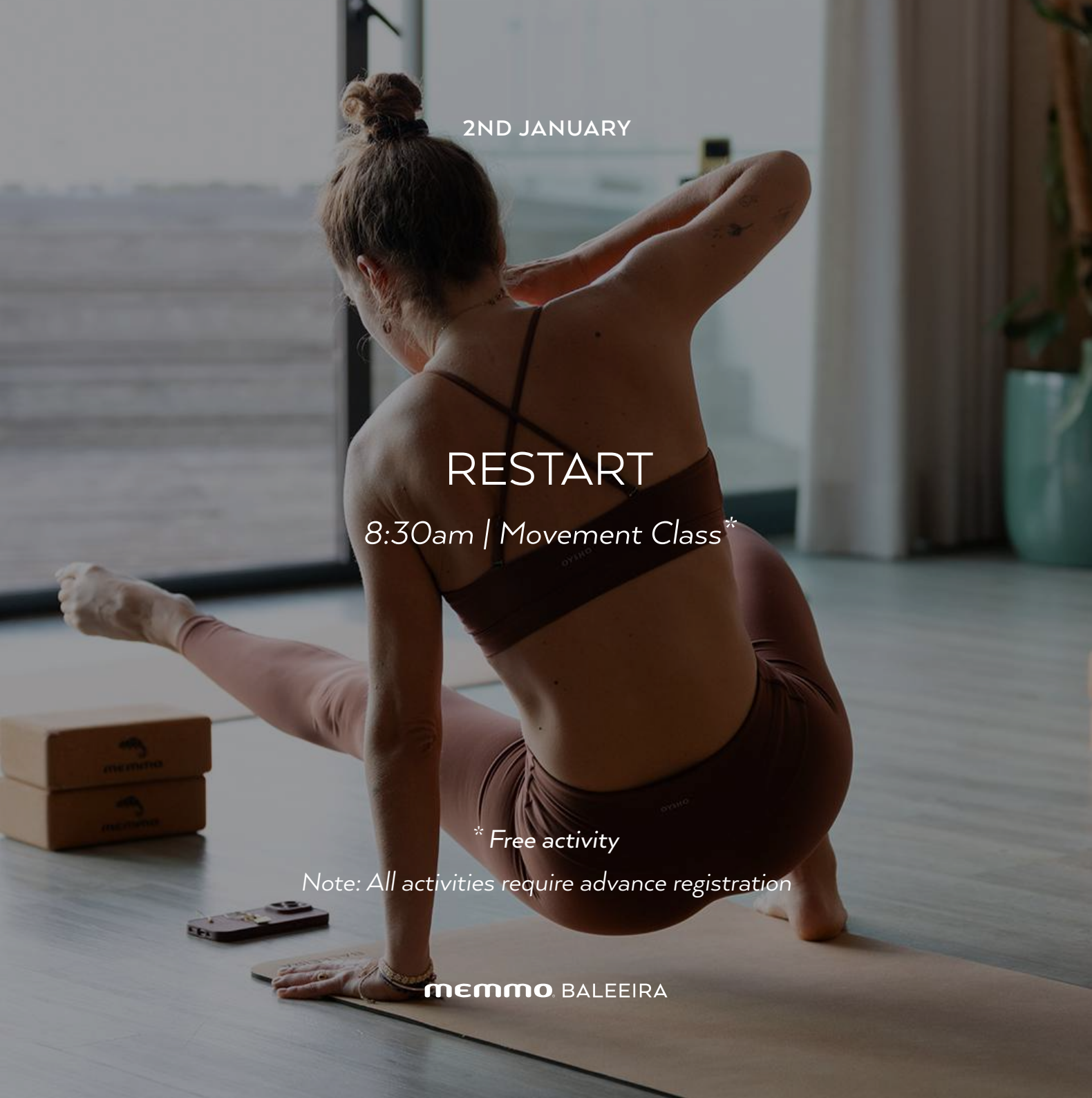
RESTART

10am | First Dip of the Year

10:30am | Intention Ceremony

Note: All activities require advance registration

memmo BALEEIRA



2ND JANUARY

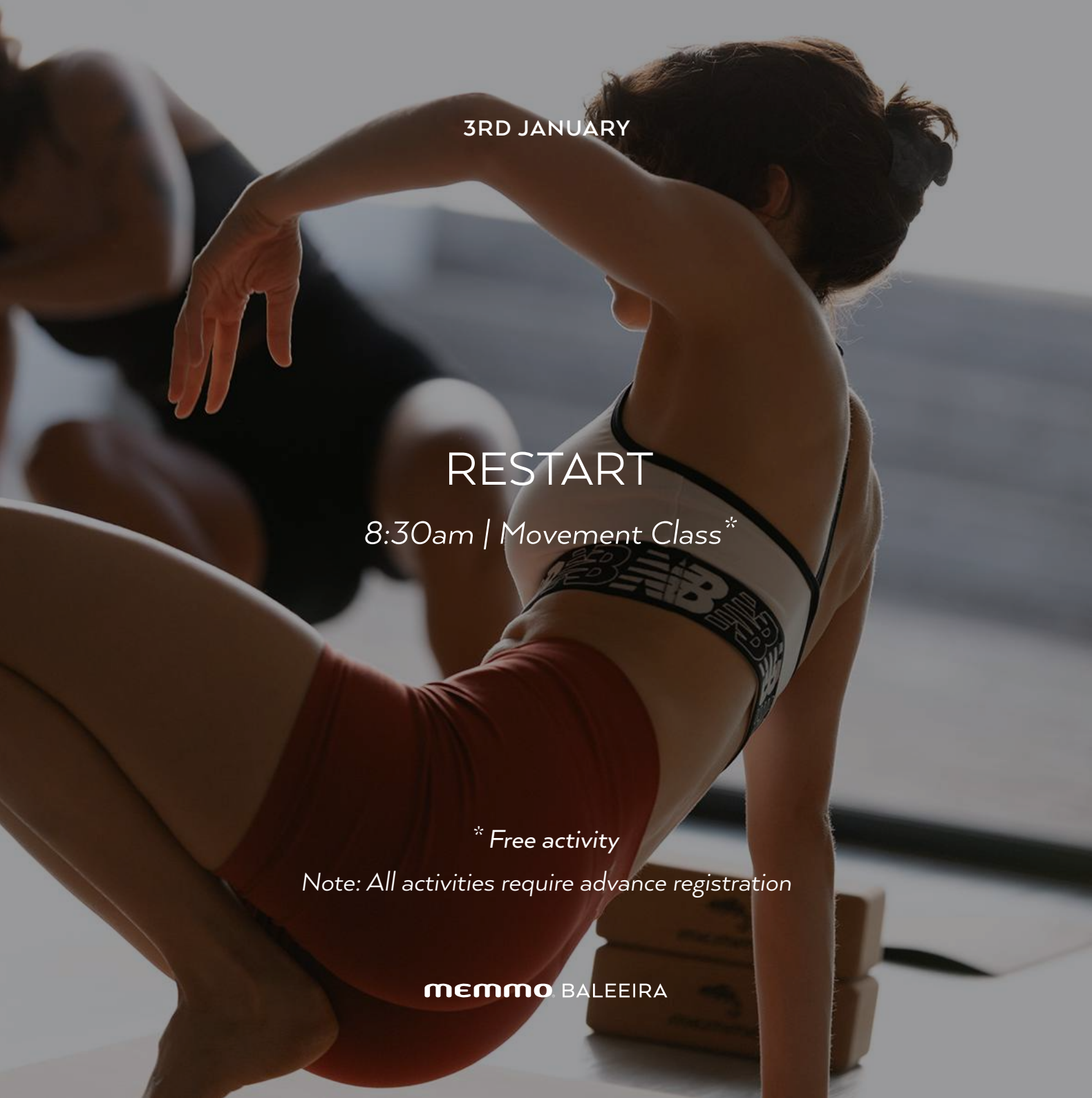
RESTART

*8:30am | Movement Class**

** Free activity*

Note: All activities require advance registration

memmo BALEEIRA



3RD JANUARY

RESTART

*8:30am | Movement Class**

** Free activity*

Note: All activities require advance registration

memmo BALEEIRA